

Hamiota Schools Newsletter

OCTOBER 2017

Principal's Message

It is hard to believe we are approaching the end of October. This past month has been very busy, both in the classroom and out. With September behind us, the staff and students have found their rhythm and so much learning is taking place. I thoroughly enjoy visiting the classrooms to see all of the wonderful and creative lessons that are being taught. One of my most enjoyable parts of the day is when I make the trek over to HES in the afternoon. The energy and smiles the K-5 students bring to school is infectious. Whether it is a fire drill or a bus evacuation drill, these students do all activities with enthusiasm and passion. Wandering the halls of Hamiota Elementary also brings me great joy. The bulletin boards are filled with the student's work and it is exciting to see the growth of them all over time. September 29 was a big day at Hamiota Elementary as we hosted the Annual Terry Fox Walk. Money seems to be still trickling in which is great, but it looks like it might be a record setting year for fundraising! In the classroom, teachers have been very busy conducting the first round of reading assessments. These assessments allow the teachers to see the growth in the students over the course of the year.

October is always a busy month at the collegiate with many extracurricular sports, including soccer, cross country, volleyball and hockey. The boy's soccer team lost out in a wild-card game which eliminated their chance of going to provincials. The girls soccer team played a short but successful season. The middle years, junior varsity and varsity volleyball teams have been practicing and developing skills, both on and off the court, as they prepare for the conclusion of their seasons in November and December. A good contingent of runners took part in the PWSD Cross Country run held in Hamiota this past month. Special congratulations to Tara Knight who brought home the grade 5 banner! High school hockey is well underway and the boys are looking forward to the official start to the season on November 5. Middle years' drama is just getting organized for the annual performance in December. With so many talented young people in our building, it will undoubtedly be a terrific show. Student council is always busy this time of year. The students have been busy with their major fundraisers, the annual magazine campaign, and they are also preparing for the Fowl Supper scheduled for November 5. There is still time to purchase tickets for the supper! A great deal of other activities has taken place including grade 8 band camp, Encounters with Canada, Student Council student leadership conference, grade 12 field trip to a performance of The Hunchback of Notre Dame, highway clean-up, vocational training for the grade 8's, and Artists in the School.

With so much going on, it is sometimes hard to remember about the importance of keeping up with one's studies. I would encourage you to talk to your child about what they are doing on a daily basis in class. Let them share their learning with you. The first reporting period approaches with reports scheduled to go home the week of November 13- 16. This will be followed up with parent/student/teacher conferences taking place on November 17.

Respectfully,
Bruce Coulter
Principal

HAMIOTA COLLEGIATE FOWL SUPPER SUNDAY, NOV. 5

5:00 & 6:00 P.M. seatings

Adults	\$15.00
12 & under	\$10
Preschool	free

**Stop at the office or call
204-842-2803 to reserve tickets.**



HAMIOTA SCHOOLS REMEMBRANCE DAY PROGRAM

THURSDAY, NOV. 9, 10:45 a.m.

Hamiota Collegiate Gym

Featuring John Thompson—Trip to Dieppe
and Vimy Ridge Art, Music and Readings by Hamiota Elementary and

Hamiota Collegiate Students.
EVERYONE WELCOME!



KINDERGARTEN NEWS FROM MRS. MCNABB

We have been having lots of fun in kindergarten! One of our highlights has been spending time with our Gr. 8 Buddies.

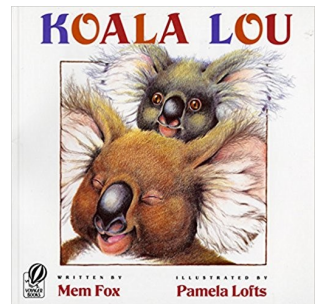
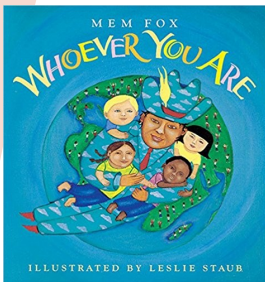
We first met them when they came to visit us to help teach us about Terry Fox. With their patience and guidance, they taught us how to create posters to wear on our Terry Fox Walk. We enjoyed participating in the Terry Fox Walk with them so much that we are planning another get together very soon where we will play math games together.



Another fun learning experience was our walking field trip to our Fire Hall. With the help of our local firefighters, Chrystal Strachan, Josh Currah, and Shawn Patterson, we toured the Fire Hall, learned about fire safety, and experienced what it's like to be a firefighter. Thanks to Chrystal, Josh, and Shawn for sharing their knowledge and spending time with us!



Mrs. Leah Obach has also been visiting our classroom to help us with The Global Read Aloud Program. Along with our partner class from Milwaukee, Wisconsin, we are reading books by the author Mem Fox. We share our ideas, thoughts, and questions about the stories we read by posting them to an app called Padlet for our buddy class to view. They are a K/Gr.1 class from Drought School. We are learning lots about how our schools are the same and also how their school is different in comparison to ours.



During our busy days, we still find time to practice beginning writing skills, practice our letters, sounds, and numbers, and create patterns. The Halloween Season is fast approaching and we look forward to dressing up in fun costumes to celebrate this holiday!



GRADE 1 NEWS FROM MRS. NOWOSAD

It has been a busy last few weeks in grade 1! We have started our guided reading groups, and I really enjoy this chance to listen to students read in small groups. While I am working with my group of students, the others are working independently or with a partner at different center activities. These might include spelling or sight word activities, journals or writing. We work daily on practicing to read and write our sight words too. Students have been trying hard to produce 5 Star writing - which includes using upper case letters at the beginning of sentences, punctuation at the ends of sentences, finger spaces, neat printing (making tall letters tall, short letters short, etc) and making sure the sentences make sense! I am really pleased with how hard this group is working on this! Great job Grade 1s!



In art, students have made beautiful torn paper owls, these turned out really well! They also were given a choice to create either a scarecrow or Frankenstein. Then they were to write some interesting facts about this character.

We have also been busy working on All About Me booklets. It's neat to learn different things about each other and see how we are the same and different.



In math we have spent a lot of time working with patterns. Students can create, label and extend different types of patterns, using a variety of materials. We are working on reading and writing numbers to 100, before and after, as well as different ways to represent numbers. We have also started to work on different ways to make 10.

With Halloween fast approaching, we have been working on some fun activities in both math and ELA. Students are super excited to write about how they would dress up Mr. Coulter for Halloween! They also wrote about Halloween using their five senses.



With the weather starting to get cooler, please send some warmer clothes for recesses!

We would like to say a big thank you to all our extra helpers this year. We are so fortunate to have Mrs. Sheane, Mrs. Smith, Mrs. Sheridan, Mrs. Davison, Mrs. Grace, Mrs. Wilson, Mrs. Lints and Miss Lints all volunteering in our up room!! Thank you!!



GRADE 2 NEWS FROM MRS. GREGORY

With the beautiful warm and sunny weather we have been having it is hard to believe that October is almost over.

During October our mini themes revolved around Thanksgiving and Halloween. We read and listened to stories and did art projects related to these topics. We wrote what we would do if we were a

Thanksgiving turkey and a pumpkin poem using adjectives that are opposites. We are also writing some interesting recipes for a witches' brew. We are learning about informational texts and are working on an informational report about bats.



Counting by 5's				
5	10	15	20	25
30	35	40	45	50
55	60	65	70	75
80	85	90	95	100

In math we continue to practise our counting by 1's, 5's and 10's starting at different numbers. We have been learning about odd and even numbers. We are practising our doubles to 20 as well as working on our speed recall of addition and subtraction facts to 10.

We were able to observe the complete metamorphoses of our mealworms in science class. It was exciting to see the larva, pupa and adult beetle stages of their life cycle. We had lots of fun making bird nests out of items such as clay, grass, twigs, feathers as well as many other things from nature. We have some very realistic looking nests on display in the hallway.

With Halloween fast approaching, we are looking forward to seeing many scary and beautiful costumes and doing some fun outdoor activities with the whole school.

As October winds down, we start looking forward to taking part in Remembrance Day activities.



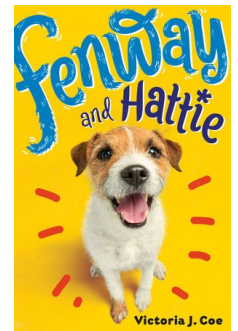
GRADE THREE NEWS FROM MRS. DIXON

Our class "read" Terry Fox across Canada and all the way back...and even a few hundred kilometres back again. As a group, we read about 170 hours during the month of September. This is a great class of readers! We enjoyed a celebration of snacks and a movie. This month, we are madly reading to fill spider webs. Again, I'm impressed with the commitment to home reading within the group!



We are doing a few Halloween activities in L.A., Math and art. We're looking forward to celebrating the fun on October 31st.

We are also participating in the Global Read Aloud program. We are reading the story, "Fenway and Hattie." It's told from a dog's perspective (Fenway) and we're really enjoying the funny expressions he has for the world around him. We have a partner class in Lafayette, Indiana. We've set up an electronic "bulletin board" with them about elements of the story and are adding to it when we can. We look forward to meeting our friends to the south through Skype as soon as they return from their fall break! Thanks to Mrs. Obach for her help in this project!



We are focusing on using checklists to help us include important points in our story writing. We are also learning to "prove" we've followed the checklist by using a colour system. Our stories have lots of coloured dots on them, but it sure helps us to remember things such as titles and the use of capitals and punctuation!

Weekly math homework has begun and the class has started off strong by completing and returning it on time. Great work, Grade 3!

Recently, we visited the Heritage Arts Centre where we saw an amazing display by a "seed artist." All of her artwork is made entirely, or partially of different seeds. We look forward to trying our hands at a similar project, as it fits well with our Plants unit in Science. Thanks to Joan Trott for giving us a great tour!



It's hard to believe that two months have passed already. Our next bit of excitement will take place when we meet our Lilac/Park buddies next month!

GRADE FOUR NEWS FROM MRS. ROUTLEDGE

October has flown by and we have been busy, busy, in Grade 4! Warmer clothing has started to appear which surely indicates the seasons are changing. The students are getting geared up for Halloween, both in and out of the class!



In ELA, the students have completed a writing project on PROCEDURAL writing. A procedure is a set of instructions that tells what to make or do. The Grade 4 students completed a set of instructions on “How to make a Witch’s Brew”. This was a fun Halloween writing activity and will be displayed in our hallway. To wrap up our month of spooktacular lessons, the students are busy designing and creating their very own Halloween themed cereal. Thank-you to parents who sent in cereal boxes! These boxes will be on display in our hallway the first week of November.



We are almost ready to wrap up our first unit in math, Whole Numbers to 10 000. Students have been hard at work learning a few new addition and subtraction strategies and applying these strategies to word problems.

Canada’s provinces, territories, and capital cities are our focus right now in social studies. We have been exploring Canada with the use of maps and getting familiar with the location of each province and territory.



Soon, we will be celebrating Halloween and welcoming in the cold winds of November...




GRADE FIVE NEWS FROM MRS. SCHETTLER

It's Global Read Aloud this month! ELA has been full of war, deserts and water as we read *A Long Walk to Water*. We have been following Salva across South ern Sudan in search of his family. Each week students get to write their chapter summaries using the Padlet app and work on creating thoughtful and specific questions. We have also been skyping our Global Read Aloud partners from Webb City, Missouri each week! It has been a blast getting to learn about life in the USA while talking about the book.



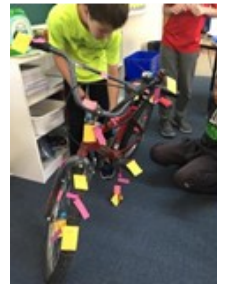
We are also about to begin TUSC so remember to practice your speeches!

In math  we had our place value test and have now started estimating and multiplying. Students are currently practicing their times tables using their math belts. Students are trying to recall all the facts up to 12x12.

In science we are still exploring different simple machines such as gears, screws, wedges and inclined planes. Students have been using Wacky Factory to create different gears with partners and exploring ways to make things move.



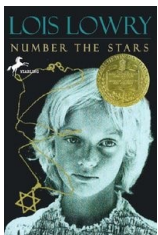
Social studies has been full of animals as we looked at the 7 sacred teachings. We even did some yoga to help us remember all the animals. The students also created animal art inspired by aboriginal artist. Enjoy the rest of fall!



GRADE FIVE NEWS FROM MRS. ROUTLEDGE

Happy fall everyone! October has been a busy month, and has flown by rather quickly!

We wrapped up our Whole Numbers unit in math, and have had a good start on our multiplication unit. Just a gentle reminder that any practicing of facts would be greatly appreciated. I know hockey and dance have started, but in the car on the way there or on your way home would be a great place to practice. We have discussed and practiced estimating products, and will be starting our mental math strategies in the next day or so.



In language arts, we have been working on a novel called "Number the Stars". This is a historical fiction novel that takes place during WWII. We have been reading independently, discussing our reading, and responding to questions in our Reader's Notebook. We have also been doing some research on WWII, Adolf Hitler, De Frie Danske, and the Tivoli Gardens. On top of this, we have been doing some creative writing. We are trying to incorporate many things such as adjectives and adverbs, similes, and quotation marks.

We have just wrapped up our science unit on simple machines, and are beginning a social studies unit on Canada's First Peoples.

Simple Machines



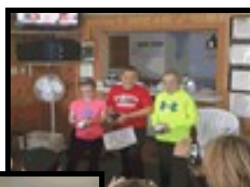
MIDDLE YEARS GOLF BY MR. COUGHLAND & MR. OBACH

Last month 1 Grade 6 and 9 Grade 5's travelled to Rossburn Lake to participate in the annual Middle Years Golf Tournament. All students had a very good round of golf with some of our Hamiota students placing in the top three. For Grade 5 boys Drayson Sheridan placed 2nd. For Grade 5 girls Alex Boryskavich placed 3rd and Tristin McTavish captured 1st place. Congrats to all golfers who participated and a job well done!

Five boys participated in the Gr. 7 & 8 golf tournament. They did not finish in the top three, but played well and enjoyed the day.



L-R: Ryan Donohoe, Rylan Gage, John Lelond, Ty Kirk, David McConnell



Back: Drayson Sheridan, Chael Rozdeba, Carson Smith, Connor Rapley, Tristin McTavish, Kayleigh Knight, Alex Boryskavich
Front: Alexis Dale, Haily Johns, Shirley Johnson

CROSS COUNTRY RUNNING BY MR. COUGHLAN & MISS LOPES



Roanna Davison, Carter Knight, Keegan Rempel, Sheldon Rempel, Lane Nykoliation, Drayson Sheridan, Sarah Chappell, Calli Wilson-Davey, Tara Knight, Alexis Dale, Alex Boryskavich

The Grade 5's were able to participate in another Middle Years competition this one being cross-country running. Hamiota elementary sent 11 students to this event which was hosted by Hamiota Collegiate. Students had another successful outing with many of our students placing in the top 3. In Grade 5 boys Chael Rozdeba placed 2nd. In Grade 5 girls Alexis Dale placed 3rd, Sarah Chappell placed 2nd and Tara Knight finished 1st.

Four Grade 7 boys took part in Cross County. Ty Kirk placed first and Rylan Gage, third.



L-R: Aiden Murray, Garrett Kent, Ty Kirk, Rylan Gage



Ty Kirk, 1st



Sarah Chappell 2nd
Tara Knight 1st
Alexis Dale 3rd

Chael Rozdeba 2nd

MIDDLE YEARS



Grade 6 Girls

Back: Shirley Johnson, Kylie Lodge, Daphne Tannas, Lilly McDonald
Front: Surrey Smith, Kylin Robinson, Teegan Hyndman, Haydn Tolton, Ms. Schettler



Grade 7 & 8 Girls

Back: Kyla Good, Reanna Gage, Christyna Caldwell, Ella Gurr, Darrah Kent
Front: Kaitlyn Campbell, Rylee McNabb, Machaela Tannas, Mrs. Facey



Grade 6 & 7 Boys

Back: Caden Nolan, Ty Kirk, Isaac Boivin, Caleb McTavish, Mr. Coughlan
Front: Will McConnell, Aiden Murray, Kobe Schellenberg, Shane Sparrow

VOLLEYBALL



Grade 7 Girls

Back: Kendra Drake, Cydney Boryskavich, Je Anne Villela, Trinity Lints
Middle: Mrs. Mitchell, Kyia Knight, Danika Smith, Whitney Rozbeba, Juliana Martinez, Jade Crampton
Front: Rudy Murray Bond, Riley McTavish



Grade 7 & 8 Boys

Back: Logan McTavish, Ryan Donohoe, David McConnell, Rhylen DeBin
Front: Mr. Gurr, Connor Ramsey, Rylan Gage, Colt Brooks, John Lelond

Teams have participated in mini tournaments in Hamiota, Shoal Lake, Birtle, Strathclair and Miniota. All of the Hamiota teams will be playing in Hamiota on November 9.

Playoffs are scheduled for November 14 and 21st.

SENIOR VOLLEYBALL



Pictures from the
Varsity Girls
Volleyball
Tournament



VARSITY GIRLS

The Varsity Girls volleyball team is once again competing in the Zone 10 Varsity League and traveling to other Manitoba communities for tournaments.

The team consists of 6 Grade 12 athletes: Carly Shamray, Jessica Hunter, Korinne Alexander, Kara Kent, Sydney Murray and Jacinta Doupe. Grade 11 athletes are: Chantelle Chappell, Taylor Good, Daisy Martinez, Brooke Schellenberg, Joelle Little and Kassidy Heapy.

The team, currently has a 2-1 record in league play and have traveled to tournaments in Deloraine and Glenboro. The 10 team home tournament was once again a huge success. The Varsity Girls have tournaments upcoming in Virden and Brandon before league playoffs.

JV GIRLS

The JV girls have had a great season so far. We have played Birtle 3 times in league play, winning all 3 matches 3-0. We have attended tournaments in Virden and Erickson.

This weekend the team will head to Portage for a two-day tournament. On Monday, October 30th we will play our final league game in Birtle and zone finals will take place the following week against Major Pratt.

I am looking forward to a strong finish to the season!

VARSITY & JV BOYS

The Varsity and Junior Varsity boys all had an excellent start in volleyball season as well learn more about the game!

The JV team consists of 9 players Colin Crampain, Nash Gurr, Brady Dziver, and Rylan Kent from grade 9. In grade 10 we have Foster Tolton, Jamie Waddell, Cale Murray, Cole Allan, and Layne Norrie. To date we have only attended 1 tournament in Brandon where we beat Vincent Massey team 2 putting us in the championship side of the draw. This put us up against Vincent Massey's number 1 team where we managed to win a set but ultimately lost, ending our tournament. We are off to a tournament in Dauphin and headed to Roblin in the near future.

The Varsity boys have been a little busier playing in a few tournament already throughout the season in Brandon (won the B side), Dauphin (Won the A Side), and Killarney (Lost the final 17-15 to Gretna). We are headed to the Neelin Dig tournament in a couple of weeks. We are also hosting our own tournament, on November 10th and 11th, where both the Varsity and Junior Varsity teams will compete.

Our varsity team this season consists of 5 grade 11 players – Brett Hemrica, Brody Robinson, Brady Daniel, Brendan Lawn, and Hayden Crampain. The grade 12 players this year are Sean Schweitzer, Ben Murray, Holden Norrie, Mason Gurr, Sebastian Tolton, and Bobbi Hunter. We are all looking forward to the remainder of the season and the provincials playoffs.

Girls:

The soccer season for the high school girls soccer team was a short one. Major Pratt was the only other girls team in the division. Our team consisted of 12 girls, which allowed us to have one substitute player. The girls played against Major Pratt in Shoal Lake and unfortunately lost the game in the last minute of play. Major Pratt travelled here on October 3 and once again the girls played a great game but came up short, losing in the last minute of play. It was great to see the girls commit to having a team. They did well and had fun!

Boys:

The high school boys soccer team was the only all boys team in the division this season. Birtle, Strathclair and Shoal Lake combined the boys and girls to create co-ed teams. The boys participated in a mini-tournament in Shoal Lake on September 26 and defeated both Birtle and Strathclair. Since we did not have the opportunity to play against Shoal Lake in the tournament, Shoal Lake decided they would travel to Hamiota for a game on October 2. The boys were successful with a win. Birtle also travelled to us on October 6 and the boys defeated them as well. Since we were the only boys team in the division, in order to be eligible for provincials we were required to play an inter-zone game. This game took place on Tuesday October 10. We travelled to MacGregor to play against Northlands Parkway Collegiate from Winkler, MB. Unfortunately with illnesses and prior commitments we travelled with only one substitute player and were not able to keep up with the skill of the Northlands Parkway team. This loss ended the season for the boys. It was great to see a few boys step up to play soccer this year to help increase our numbers on the team! It was a fun season!

VARSITY SOCCER



Back: Mrs. Whelpton, Jessica Hunter, Jacinta Doupe, Brenna Kirk, Ashlyn Kirk, Eve Routledge, Tess McTavish, Sheena Johnson
Front: Charlotte Little, Joelle Little, Michelle Bell, Olivia Tolton, Carly Shamray



Back: Mrs. Whelpton, Mason Gurr, Sebastian Tolton, Gary Sheane, Brady Lake, Reece Breneman,
Middle: Nash Gurr, Kayden Sutherland, Brendan Lawn, Brody Robinson, Hayden Crampain, Holden Norrie
Front: Dawson Brooks



STUDENT COUNCIL NEWS BY HOLDEN NORRIE

With October coming to an end, Student Council has been hard at work organizing the yearly magazine campaign as well as numerous upcoming student events. The magazine campaign is one of the biggest school fundraisers that we offer every year. With every magazine sold the school earns a percentage of the profit, which in the long run lowers sports fees and other extracurricular costs. So far the grade 12 leads with the most sales. The grade seven class, accompanied by student council members, and community Lions Club members conducted our biannual highway cleanup. Students were separated into groups and given sections to clean. The ditches look much cleaner now.

The Student Council is also setting up a haunted house in the school in celebration of Halloween at the end of the month. This will be accompanied by a spirit week where students can earn house team points by dressing up as the theme for that day. There was a hot lunch on October 26.

On October 11th and 12th, four Student Council members attended the Manitoba Student Leadership Conference in Virden. Among the highlights were Key-note speakers Kevin Chief and Harley Bray, as well as presentations from Samaritan House, Habitat for Humanity and the Canadian Red Cross. Approximately 150 student leaders from around the province were also treated to a screening of "Rising Above" at the Derrick Theatre.

School clothing order forms have been distributed to all students. **Order forms must be returned to the school office by November 1/17. Cheques should be made to Hamiota Collegiate.**

Spirit Week - Oct 30 - November 3
Monday - PJ DAY
Tuesday - Halloween Costumes / Haunted House / Costume judging
Wednesday - Sports Day
Thursday - Disney Day
Friday - House team activity at noon



Highway Cleanup



Magazine Rep. Mr. Darcy Paterson with students clockwise from the left: Aiden Murray, Rylan Kent & Shirley Johnson, and Caleb McTavish.



BAND CAMP

The Grade 8 Band members from Hamiota had a fantastic opportunity to continue their music learning with their annual trip to Band Camp at Camp Wanakumbac on October 11th and 12th. 13 students attended from Hamiota with other students joining them from Strathclair, Shoal Lake, and Russell. Band Camp consisted of mass band rehearsals conducted by Larry Pearen of Yorkton, SK (everyone working together on the same three pieces), and sectional time, in which instrument groups could work together with an expert teacher on musical passages. Students were also able to enjoy lots of recreational time at camp, with volleyball and basketball games, a movie night, campfire (with moderately successful sing-along lead by Val Caldwell), and of course, hanging in the cabins! Special thanks to sectional leaders and chaperones who helped make this event a success. Students worked hard, playing their instruments well beyond the length of a typical school day/rehearsal slot, and were very well-behaved. HCI was well-represented at this event and we already look forward to next year!



LAUGHTER YOGA



The Drama class took part in a session of Laughter Yoga with Kaycelyn Rosales-Knight on Tuesday October 24. It was a HOOT of a time!

short films, music videos, corporate/promotional videos and documentaries. Check out *The Cup Song—Berens River* on YouTube.

This week's program was THE LANGUAGE OF THE CAMERA. Students learned the fundamental grassroots principles and techniques of filmmaking. They enjoyed learning about frames, "cheating" locations, different types of shooting techniques.

Students formed crews and shot scenes in various locations throughout the school. Students will be able to use the skills they learned this week when making videos in school and beyond.

STUDENT TEACHER

We are pleased to have Miss Jodi Kaskiw student teaching at HCI. She is in her first year of Education at Brandon University and will be working with Mr. Obach. Miss Kaskiw graduated from Rossburn Collegiate and hopes to teach Social Studies.

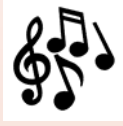


ARTIST IN THE SCHOOLS—RANDY GUEST

From October 23-27 we were fortunate to have Mr. Randy Guest as an Artist in the Schools. Mr. Guest is a professional independent filmmaker who has directed



"They're creepy and they're kooky,
Mysterious and spooky,
They're all together ooky,



The Addams Family!"

We are excited to announce that the Senior Drama production for April 2018 will be the hilarious and heartfelt show, ***The Addams Family Musical School Edition*** (book by MARSHALL BRICKMAN).

This original musical about love, family, honesty and growing up features the ghoulish and quirky Addams family. *The story revolves around every father's nightmare.* Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family – a man her parents have never met. And if that weren't upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now, Gomez Addams must do something he's never done before – keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's '**normal**' boyfriend and his parents.

Show stopping musical numbers by RICK ELICE and ANDREW LIPPA will have you tapping your feet and routing for the entire family.

Auditions will begin in mid-November. For more information see Mrs. Brown or Mr. Woodcock



CONFIDENT AND SELF-AWARE!

On October 5th, the grade 10 Career Development Life/work planning class welcomed guest speaker Marcie Harrison who shared with them self-confidence tips and a different approach to acknowledging and choosing the emotions you feel, especially the emotion of joy. Marcie presented valuable tips that will ensure personal and professional success! Thanks for taking the time to share such wonderful wisdom Marcie!

"I enjoyed when Marcie talked about the scientific part. I love science and found it interesting when she talked about the splitting protons." - Jamie Waddell

"She was so positive, she was smiling the entire presentation. I would like her to come back." - Dawson Brooks

"One thing that I enjoyed from Marcie's presentation was how joyful and confident she spoke. She knew what she wanted to say and she got her point across to everyone." - Olivia Tolton

IMPORTANT UPCOMING DATES

Oct 31 ~ Halloween Celebrations

Nov. 1 ~ Grade 9—Take Your Kids to Work

Nov. 5 ~ Fowl Supper at HCI

Nov 9 ~ Remembrance Day Service at 10:45 a.m. at HCI includes HES and HCI Students. Public is Welcome.

Nov. 9 ~ Middle Years Volleyball Mini-Tournament at HCI

Nov. 10 & 11 ~ Senior Boys Volleyball Home Tournament

Nov 15 ~ Report Cards home

Nov 17 ~ Parent Teacher Interviews

Nov 24 ~ Pizza Hot Lunch—HES